

# **THE FUSED GRID:**

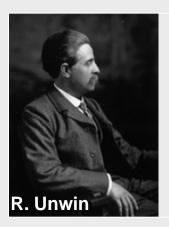
# **AN URBAN PATTERN FOR QUALITY OF LIFE**



By: Fanis Grammenos



"In fact, zoning, subdivision regulations and building codes were originally intended to enhance the *health, safety and welfare* of the public" \*



And so were the ideas of city planners in history

Hippodamus, Vitruvius, C. Sitte, E. Howard, R, Unwin, LeCorbusier, C. Stein, K. Lynch etc, etc.

\*Lawrence Frank, Sarah Kavage + Todd Litman 2006. Promoting Public Health Through Smart Growth -SGBC





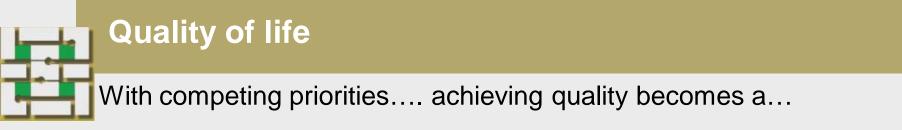
# Quality of life

Health

Safety

Wellbeing

.. and the Fused Grid



## **Question of Balance**





# THE SEARCH FOR BALANCE

The quest for:

# Quality of life

Health

Safety

Wellbeing

While minding:

Viability

Efficiency

**Balanced books** 

**Low Impact** 



# Health

# **Through Neighbourhoods that Provide**

- Peace and Quiet
- Clean Air
- Restorative Environments
- for an active lifestyle

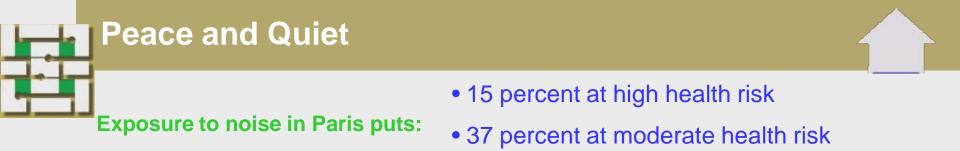


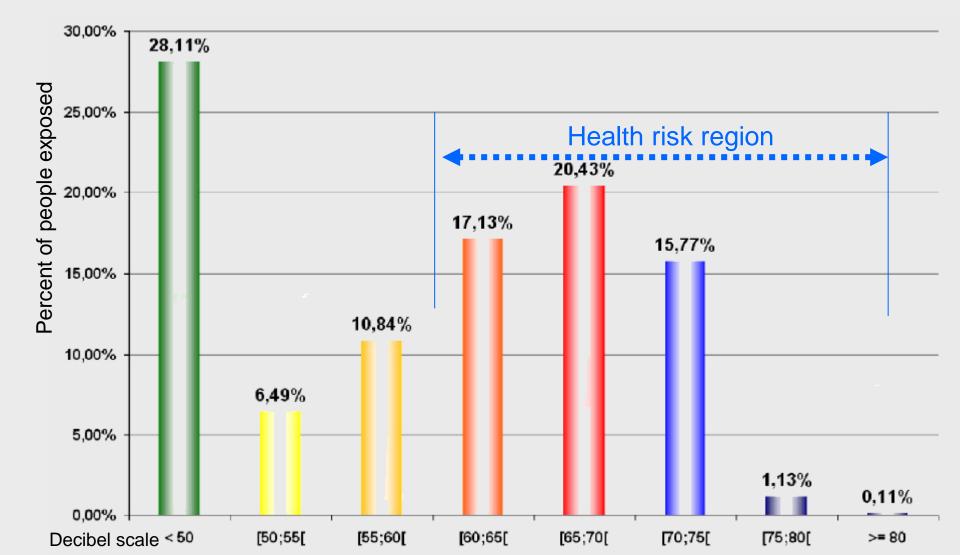
# The problem:

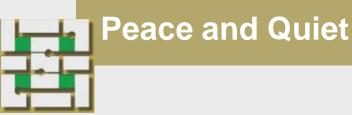
# "Calling noise a nuisance is like calling smog an inconvenience. Noise must be considered a hazard to the health of people everywhere."

Dr. William H. Stewart, former Surgeon General of the United States

# Nuisance, inconvenience or hazard?







"Low-level but chronic noise of moderate traffic can stress children and raise their blood pressure, heart rates and levels of stress hormones."

Centre for Sustainable Transportation CHILD-FRIENDLY TRANSPORT PLANNING, 2004



# The problem:

# In Canada

• 1.8 million people aged 15 and over (about 7%) are highly annoyed by traffic noise.\*

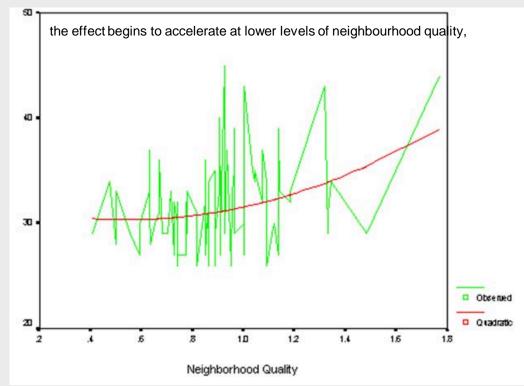
# In the UK

• 2 in every 100 deaths from heart disease may be caused by stress related to noise. Thousands of people in Britain may be dying from lack of <u>peace and quiet</u>.\*\*

\*Michaud DS et al. 2005. Noise annoyance in Canada. Health Canada

#### Noise and traffic affect children's behaviour

#### Curvilinear Relation Between Behaviour Problems and Neighbourhood Quality

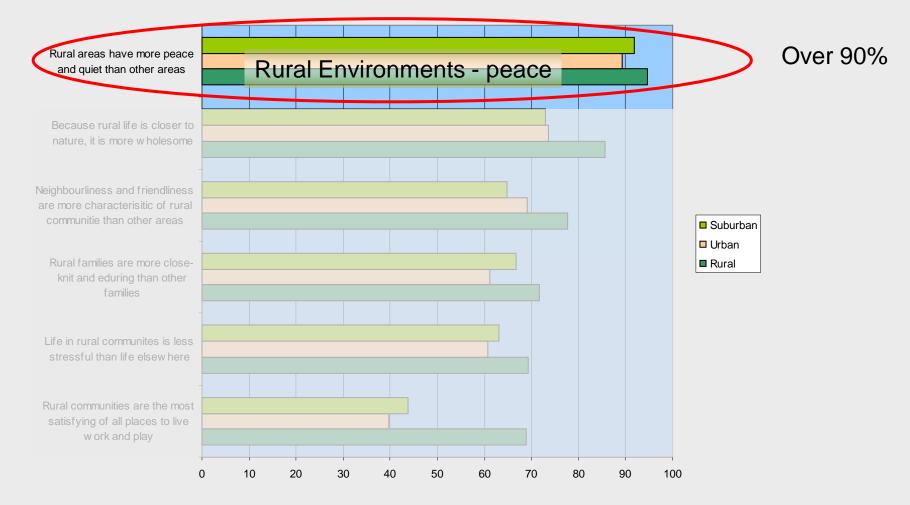


The most important categories related to the first outcome measure, children's behaviour problems are: pollution, mostly based **on noise and traffic.** 

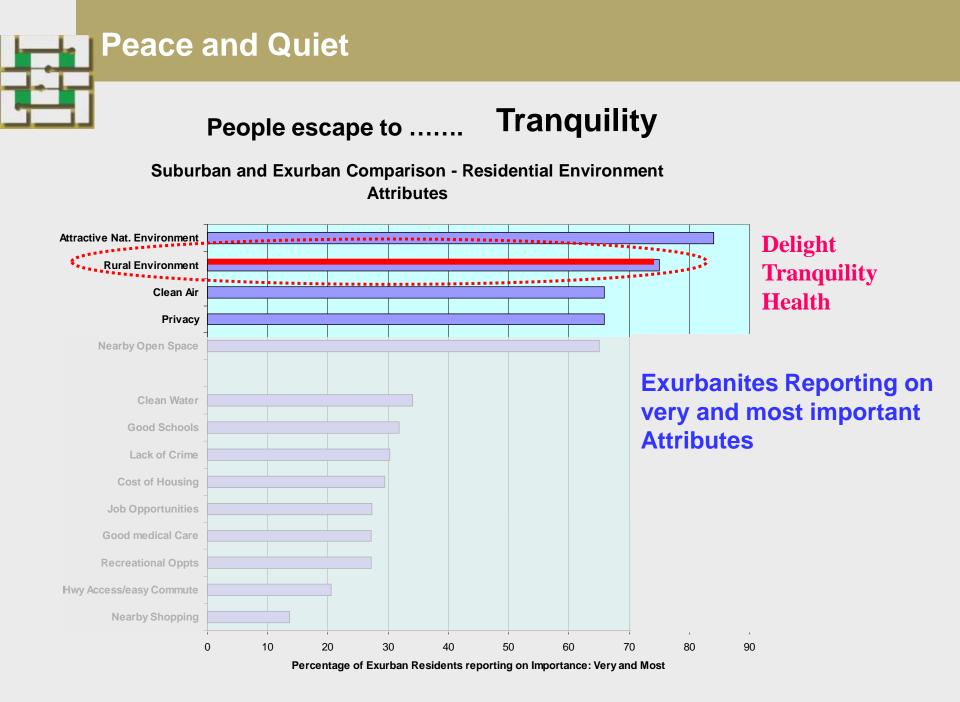
Robert Gifford, 2003: housing quality and children socio-emotional health

# When people think.... Tranquility

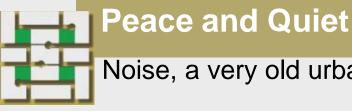
Responses in percent from Rural, urban and suburban residents to items dealing with positive images of rural life



After Willits et al., 1990 in : A White Paper Assessment of Noise Annoyance by Schomer and Associates, 2001



Jeff R. Crump, 2003. FINDING A PLACE IN THE COUTRY Exurban and Suburban Development in Sonoma County, California



Noise, a very old urban problem

1932: "Noiseless Milk" – a sleep come true

# Balloon Tired Wagons Stop the Clatter of Milk Delivery

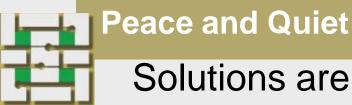


This specially-built light weight milk wagon, wearing balloon tires and drawn by horse shod with padded shoes, eliminates all clatter of milk delivery in early morning. "ITOISELESS milk" is now to be had in Boston. This does not mean that the milk makes no noise, but that no racket is created in the delivery of the liquid in the early hours of the morning.

what makes possible the soundless delivery are the new rubber tires with which Boston dairy concerns are equipping their specially-built wagons, one of which is shown in the photo at the left.

No clatter whatever is thus heard in the morning, when Bostonians are trying to grab their extra wink of sleep before rising time. The wagons weigh something like 200 lbs. less than regular wagons, and the tires are 550-200 balloons, carrying about 50 lbs. pressure. Horses wear rubber foot pads, which complete the muffling job.

(In Rome, Julius Caesar banned chariots at night.)



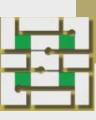
# Solutions are not easy:

"Smart Growth policies can help reduce total motor vehicle traffic, but exposure [to noise] may increase with increased land use density, bus traffic, and walking and cycling activity along high volume roads"

Applicable advice:

"Utilize creative roadway/pathway designs in the planning and site design processes, such as connected cul-de-sacs and fused grids"

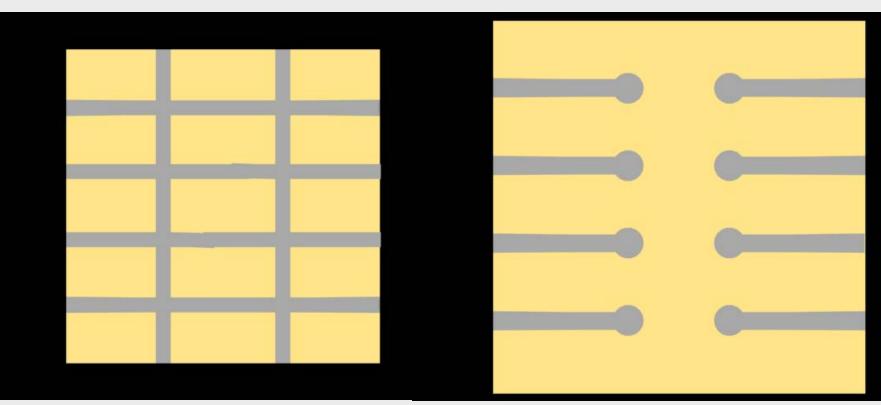
Lawrence Frank, Sarah Kavage + Todd Litman 2006. Promoting Public Health Through Smart Growth -SGBC



## The Fused Grid option:

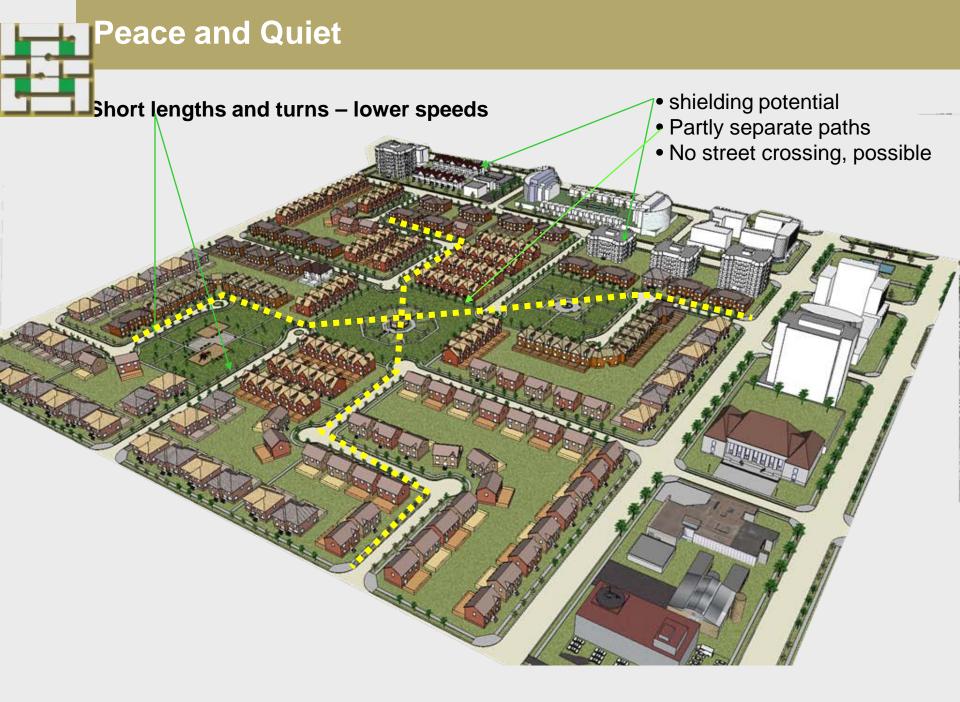
- stabilizes traffic volume on local streets
- reduces speeds within neighbourhoods
- confines district traffic to regional roads
- sets the stage for shielding residential areas
- separates partly pedestrian paths from roads

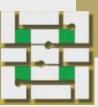




#### Reduced volume and reduced speed







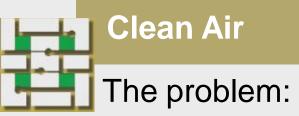
# **Health: Clean Air**



#### The outcome of air pollution - CMA report, August 2008.

1. In 2008, 21,000 Canadians will die from the effects of air pollution.	21,000 prem. deaths in 2008
While most of these deaths will be due to chronic exposure over a number of years, 2,682 will be the result of acute short term exposure.	2,700 deaths short exposure
3. 42% of air pollution associated acute premature deaths will be as a resu cardiovascular disease.	42% cardiovascular of Hits the old: 80% of total
4. In 2008, over 80% of acute premature deaths (2,156 deaths) associated with air pollution will be in those over 65 years of age.	

Canadian Medical Association, 2008. No Breathing Room-National illness costs of air pollution.



# There appears to be no threshold for ozone levels that are safe, and children are particularly susceptible.

Centre for Sustainable Transportation CHILD-FRIENDLY TRANSPORT PLANNING, 2004

Lawrence Frank, Sarah Kavage + Todd Litman 2006. Promoting Public Health Through Smart Growth -SGBC



# A study on particulates in the air

Finding: Air pollution increases the risk of cardiovascular disease Examined 66,000 women in and around 36 US cities and Found:

 Every 10 microgram rise in particulates was matched by a 76% rise in the chances of dying from heart disease or stroke

• For women living in, rather than between, cities, the risk more than doubled

• For older women aged 50 to 79 particulates are more hazardous than previously thought.

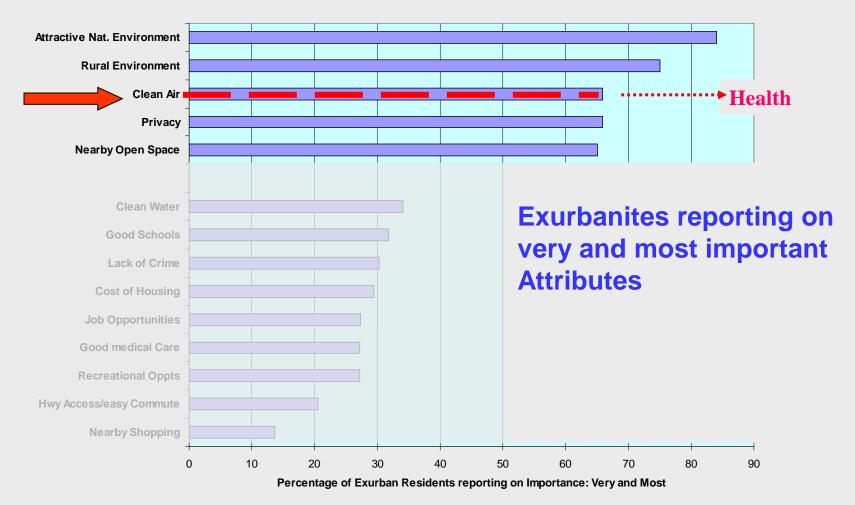
• A total of 1,816 women suffered one or more cardiovascular event

Lead Researcher: Professor Joel Kaufman, University of Washington, in Seattle

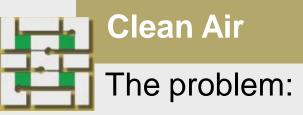


#### People seek clean air....

Suburban and Exurban Comparison - Residential Environment Attributes



Jeff R. Crump, 2003. FINDING A PLACE IN THE COUTRY Exurban and Suburban Development in Sonoma County, California



# "Children living in areas with poor air quality have been found to have reduced lung function growth that places them at risk for future respiratory illness."



"Children who live near high-traffic areas (20,000 cars passing per day) may be six times more likely to develop childhood leukemia and other cancers"

Centre for Sustainable Transportation CHILD-FRIENDLY TRANSPORT PLANNING, 2004 Quoting: Pearson R, Wachtel

H, Ebi K, Distance-weighted traffic density in proximity to a home is arisk factor for leukemia and other childhood cancers, *Journal of the Air & Waste Management Association*, 50, 175-180, (2000).



# Solutions are not easy:

"When looking at the tradeoffs between more walkable land use patterns and pollutant exposure, the walkable environments may be the same places where exposure to particulates is greater

"Short vehicle trips in urban conditions tend to have high per-kilometer pollution emission rates due to cold engine starts and congestion, so reductions in such trips tend to provide large emission reductions."

"In general, anything that reduces per capita motor vehicle travel (particularly short cold engine start trips), makes traffic smooth, favours less polluting vehicles, and increases the physical separation between traffic and people is likely to reduce vehicle pollutant health risks."

"Emmisions per vehicle mile tend to be **minimized at moderate traffic speeds** (30 to 50 km/hr) with minimum stops"

Lawrence Frank, Sarah Kavage + Todd Litman 2006. Promoting Public Health Through Smart Growth -SGBC



In summary, findings suggest that we should:

- Discourage, displace short vehicle trips
- Plan for smooth traffic flow
- Plan for moderate speeds and few stops
- Separate people from traffic

Applicable advice:

"Utilize creative roadway/pathway designs in the planning and site design processes, such as connected cul-de-sacs and fused grids"



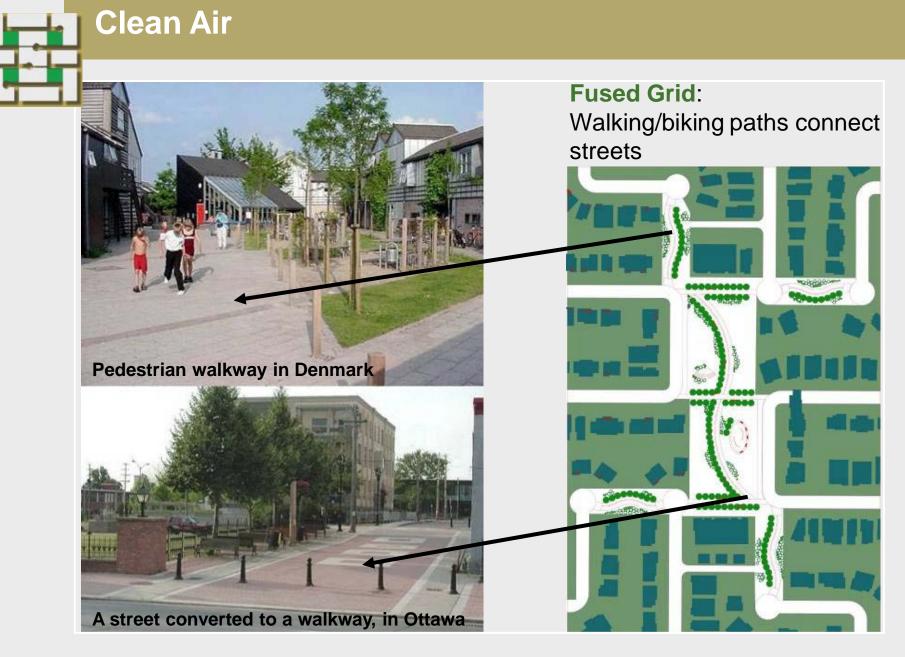
### Eco-village - 1984

Village Homes, Davis, CA By Michael and Judy Corbett



This early aerial view of Village Homes shows the extensive open space, common areas, and pathways.

#### The highest bicycle and foot travel in CA







# Health: Restorative Environments

People with access to nearbynatural settings have been found to be healthier than other individuals.

# Health: Restorative Environments

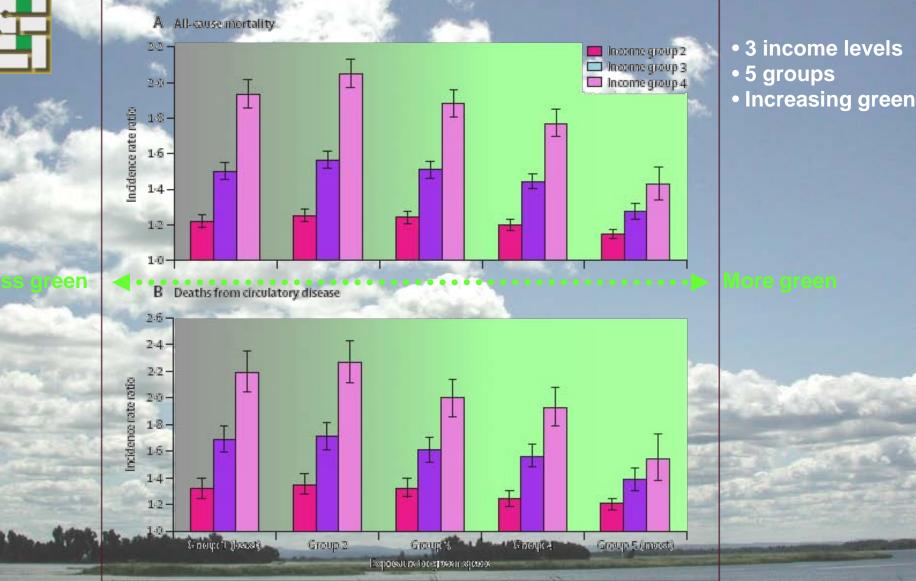


Figure 2: Incidence na cheer healer and equalizer in Income-deprivation Tuneer healer and equalizer in

Effect of exposure to natural environment on health inequalities: an observational population study of the population exposure Richard Mitchell, Frank Popham: The Lancet



What is so highly valued here are not greenbelts and urban parks; residents are expressing intense satisfaction with small pieces of nature, with the view of some trees...Rather than large open areas and mowed expanses, these participants expressed a desire for and delight in smaller areas that have some trees and shrubs.

----Rachel Kaplan, *Journal of Architectural and Planning Research*, 1985: 2:115-127



Pre-school Children. (ADD issue)

Fewer attention problems where play areas were in nature setting

Stephen Kaplan, 2003, University of Michigan Some Hidden Benefits of the Urban Forest

# AIDS caregivers:

Locomotion in nature

In Savannah, Georgia, a 10 min walk to work will let you experience four parks each with its own character and historic references.

#### Care-giver fatigue and burnout.

# Canin (1991) studied AIDS care givers in the San Francisco area.

Understandably such individuals are prone to fatigue and burnout Canin examined what activities were most effective in resisting these hazards.

The results were clear cut: locomotion in nature, whether involving walking or running or biking or canoeing, was the most effective antidote to burnout and fatigue.

Stephen Kaplan, 2003, University of Michigan Some Hidden Benefits of the Urban Forest





Dealing with life-threatening illness.

# **Cancer patients**

20 min, 3 times/week in restorative milieu

Back to work sooner

Back to full-time work

Start new projects

Stephen Kaplan, 2003, University of Michigan Some Hidden Benefits of the Urban Forest



#### **Restorative Environments**



#### The elderly.

Ottosson and Grahn (2002) have studied the effects of nature on elderly people in nursing homes.

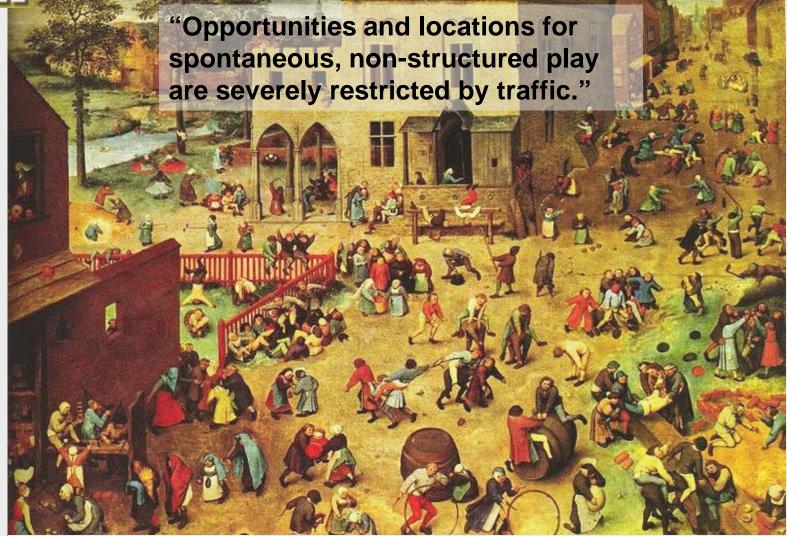
They report that even an hour outdoors in nature improves directed attention capacity. This effect is stronger the more impaired the individual is.



### **Health: Active Lifestyle**



#### **Health: Active Lifestyle**



Centre for Sustainable Transportation CHILD-FRIENDLY TRANSPORT PLANNING, 2004 "Jeux d' Enfants" by Bruegel the elder (1560)



Active Lifestyle

Children are better off with nearby play-spaces



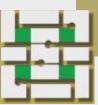
"Two out of three Canadian children do not meet average physical activity guidelines to achieve optimum growth and development."

Centre for Sustainable Transportation CHILD-FRIENDLY TRANSPORT PLANNING, 2004



#### Play space at the end of each block

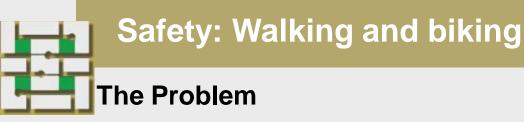






### **Neighbourhoods that Provide**

- Safe walking and biking
- Safe play areas
- Mingling opportunities

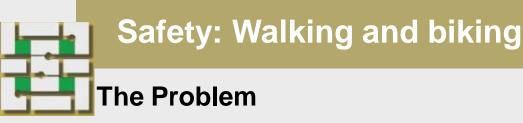


## 4,827 people died in 2003 while walking and an estimated 70,000 pedestrians were injured (US)

"In fact, walking is by far the most dangerous mode of travel per mile"

	Fatality rate*
Public Transit	0.75
Passenger cars & trucks	1.30
Commercial airlines**	7.30
Walking	20.1

\*per 100 million miles traveled \*\*Includes the unusual 9/11 highjack victims From: Mean Streets – 2004. Surface Transportation Policy Project, November 2004



Pedestrian Fatalities and Injuries 1992-2001 (Canada)

In this 10-year period, there were:



Of the fatalities:

- 11% were children under 15
- 31% were persons 65+

Of the injuries:

- 22% were children under 15
- 11% were persons 65+

The young and the old: 42%

The young and the old: 33%

Pedestrian Fatalities and Injuries, 1992-2001. Transport Canada 2004



The Problem

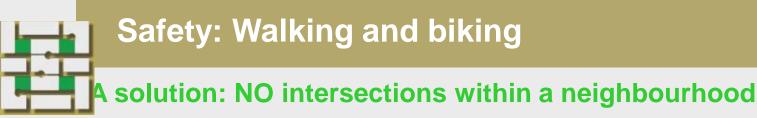
## "Traffic fatalities are the leading cause of injury death in Canada for children over the age of one year."

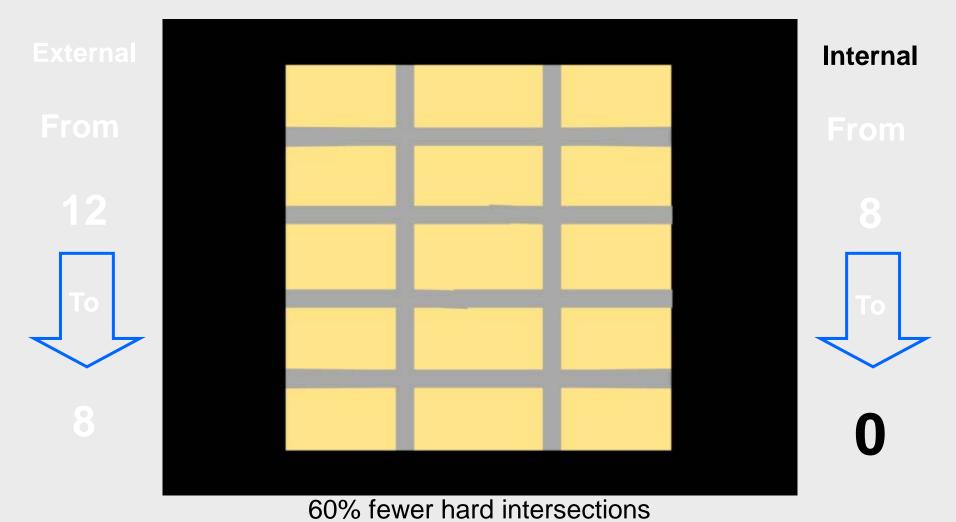
Centre for Sustainable Transportation CHILD-FRIENDLY TRANSPORT PLANNING, 2004 (immage and text)



#### Safety : risk, action and reaction in perspective

Children that are injured by hot tap-water each year	50	Legislation + Technology
Children that die walking each year*	45	Normal reaction:
Children that are injured walking each year*	3,124	Normal reaction: Kids are driven everywhere

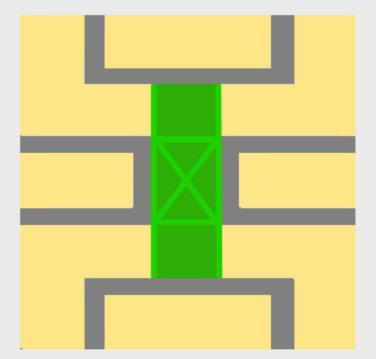






Adding Soft Intersections (Schematic)

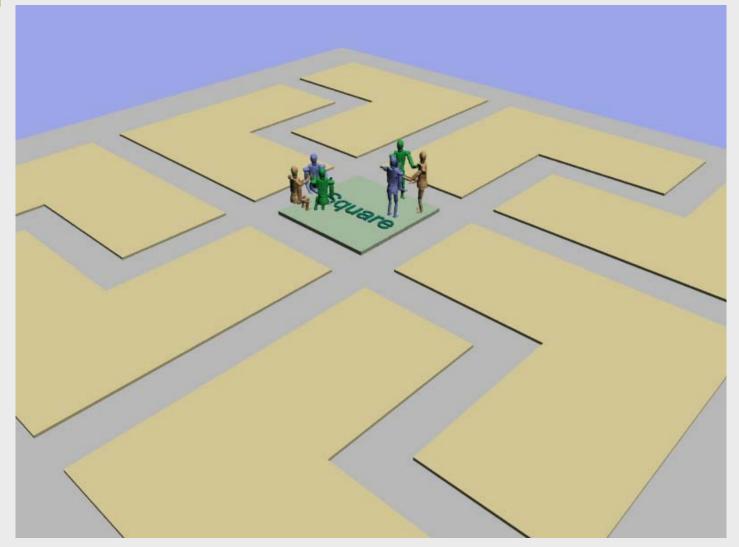
8 perimeter intersections remain



#### NO intersections within the neighbourhood

#### **10 soft intersections**

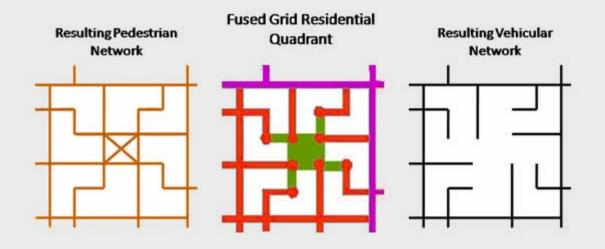
#### **One solution: NO intersections within a neighbourhood**



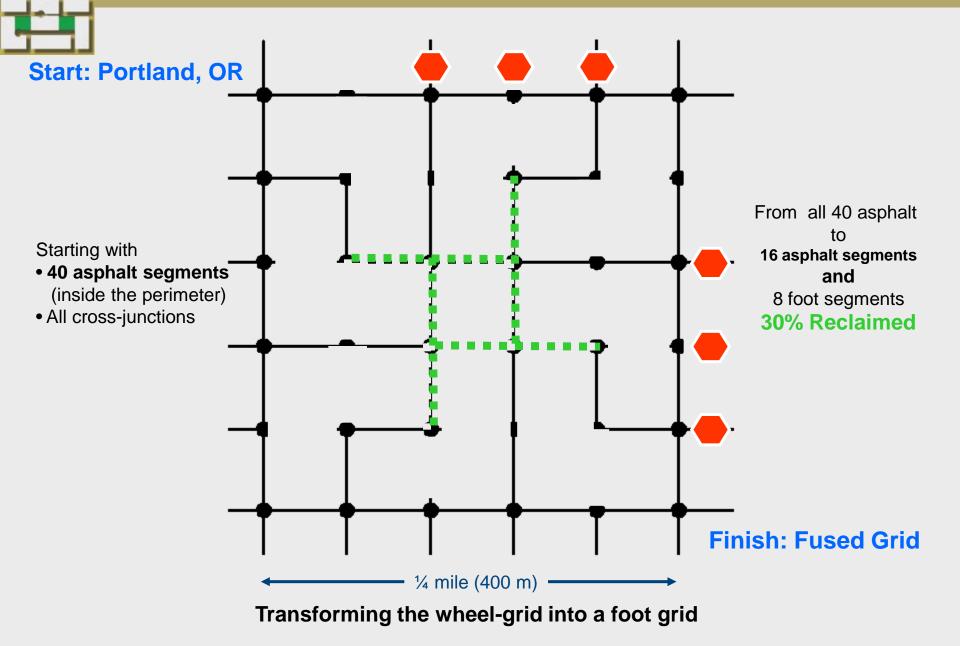
Initially four cross intersections and then NONE



#### Transforming the wheel-grid into a foot grid

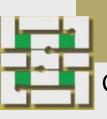


#### 30% of street length for pedestrians only



Transforming the wheel-grid into a foot grid





Connector through open space

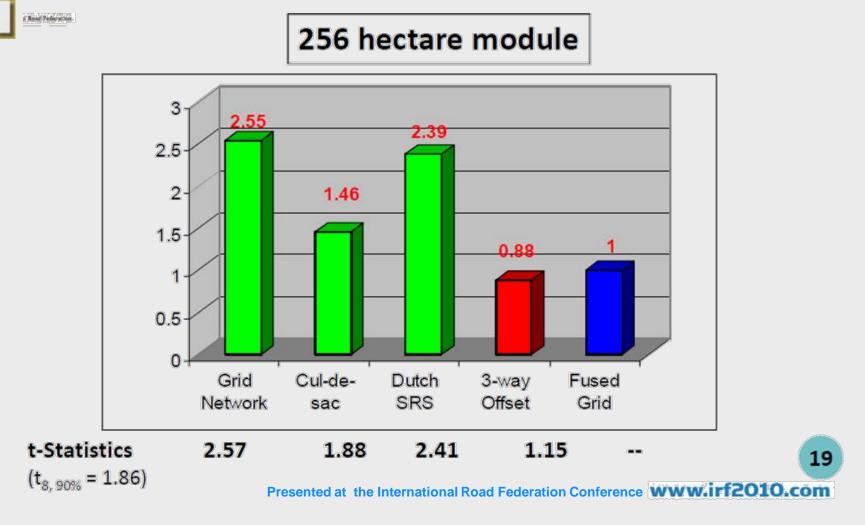
#### Open space and exclusive pedestrian connector in an Ottawa suburb (recently built)



Urban Pattern Associates

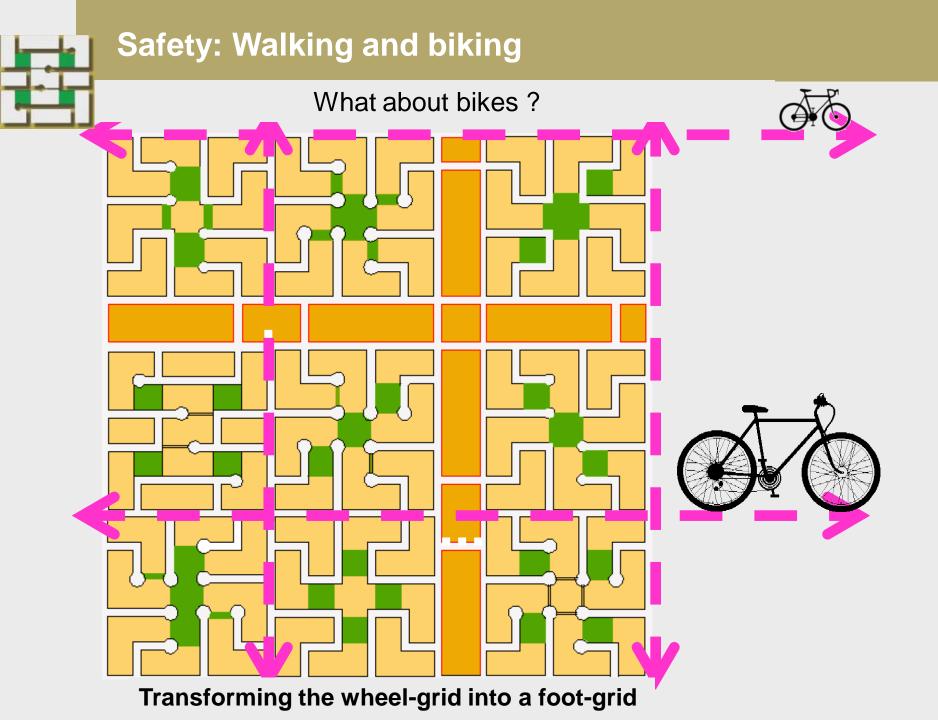
Mattamy Homes

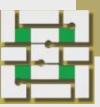
### Safety: All collisions



\*The difference between the Fused Grid and 3-Way Offset was insignificant according to the t-Statistic at 90% level

Gordon Lovegrove and James Sun: EVALUATING THE LEVEL OF SAFETY OF THE FUSED GRID ROAD PATTERN, UBC 2009





Another possibility for bikes and pedestrians:

Separate from traffic entirely

#### Back lanes as Greenways For foot and bike travel



Transforming the wheel-grid into a foot-grid



#### Back lanes as Greenways for foot and bike travel





## Not this!





#### Bikes on the margins of the network

**OR THIS!** 

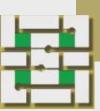




### **BUT THIS!**



100 MB



### Wellbeing: Tranquility

# Wellbeing

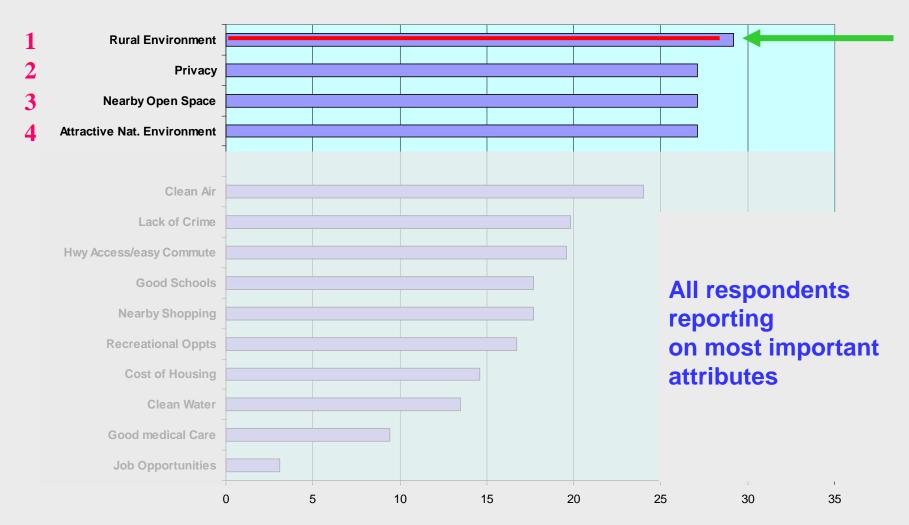
### **Through Neighbourhoods that Provide**

- Tranquility
- Sociability
- Security
- Comfort
- Delight

Wellbeing

#### Tranquility

Summary of Survey Results - Importance of Residential Environment Attributes



Jeff R. Crump, 2003. FINDING A PLACE IN THE COUTRY Exurban and Suburban Development in Sonoma County, California



#### Franquility: A Fused Grid neighbourhood

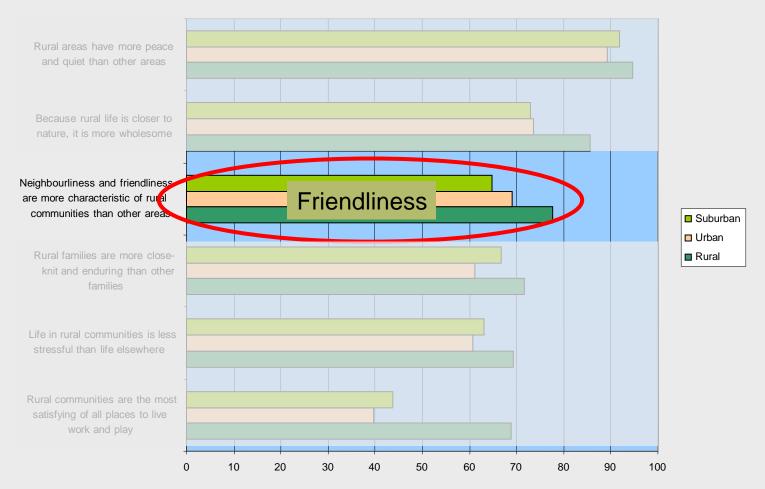




#### Wellbeing: Sociability

#### People seek... other people

### Responses in percent from Rural, urban and suburban residents to items dealing with positive images of rural life



After Willits et al., 1990 in : A White Paper Assessment of Noise Annoyance by Schomer and Associates, 2001

### Wellbeing

#### Sociability and skills



Park space weaved throughout neighborhood, offers smaller open spaces to more residents and provides a linked path system. "Research suggests that the formation of neighbourhood social ties (NSTs) may substantially **depend on the informal social contact which occurs in neighbourhood common spaces**, and that in inner-city neighbourhoods where common spaces are often barren noman's lands, the presence of trees and grass supports common space use and informal social contact among neighbours"

Fertile Ground for Community: Inner-City Neighborhood Common Spaces Frances E. Kuo \_, William C. Sullivan, Rebekah Levine Coley and Liesette Brunson



#### Wellbeing

#### Sociability and skills



#### Socializing

Relations among neighbours grow primarily in the course of repeated visual contacts and through short-duration outdoor talks and greetings.— S. Pauleit, et al, *as above* 

Individuals who had more intimates in the neighbourhood, knew their nearby neighbours, and had more frequent contact with their nearby neighbours, reported greater neighbourhood attachment and greater neighbourhood satisfaction.—S. Pauleit, et al, *Built Environment* 29:2





"The nearby natural environment plays a far more significant role in the **well-being of children** residing in poor urban environments than has previously been recognized."

Nancy M. Wells Effects of "Greenness" on Children's Cognitive Functioning

"Results indicate that children function better than usual after activities in green settings and that the "greener" a child's play area, the less severe his or her attention deficit symptoms. Thus, contact with nature may support attentional functioning in a population of children who desperately need attentional support. "

Coping with add :The Surprising Connection to Green Play Settings Andrea Faber Taylor, Frances E. Kuo and William C. Sullivan

#### **Security: Absence of fear**



Community and safety.

#### ....nearby vegetation plays an important role in fostering social interaction.

Social interaction in such settings, in turn, led not only to stronger neighbourhood social ties, but also to a greater sense of safety and adjustment.

Stephen Kaplan, 2003, University of Michigan Some Hidden Benefits of the Urban Forest

### Wellbeing

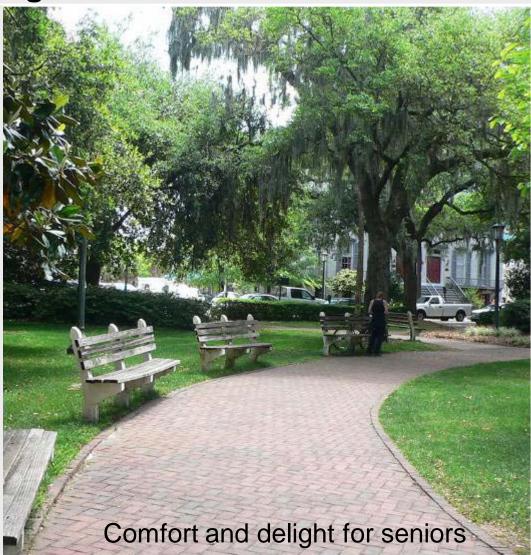
### **Comfort and delight**

3

When asked which outdoor activities residents enjoyed in general...the following responses were given:

walking, 85%; enjoying nature, 62%; talking with friends, 62%; looking at plants, 46%.

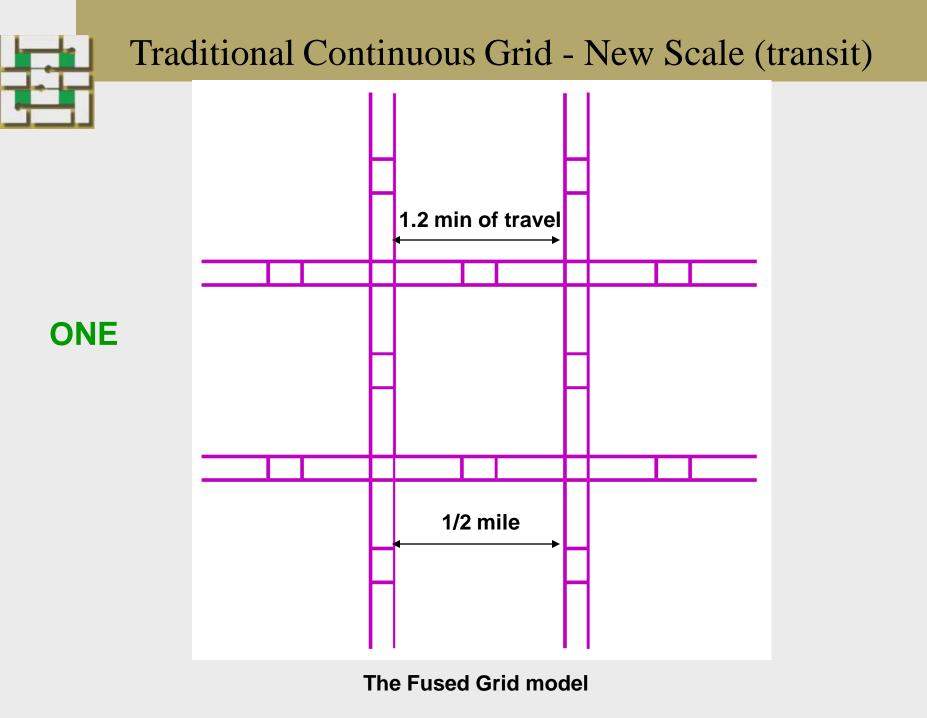
----Charlene A. Browne, *The role of nature* for the promotion of well-being in the elderly

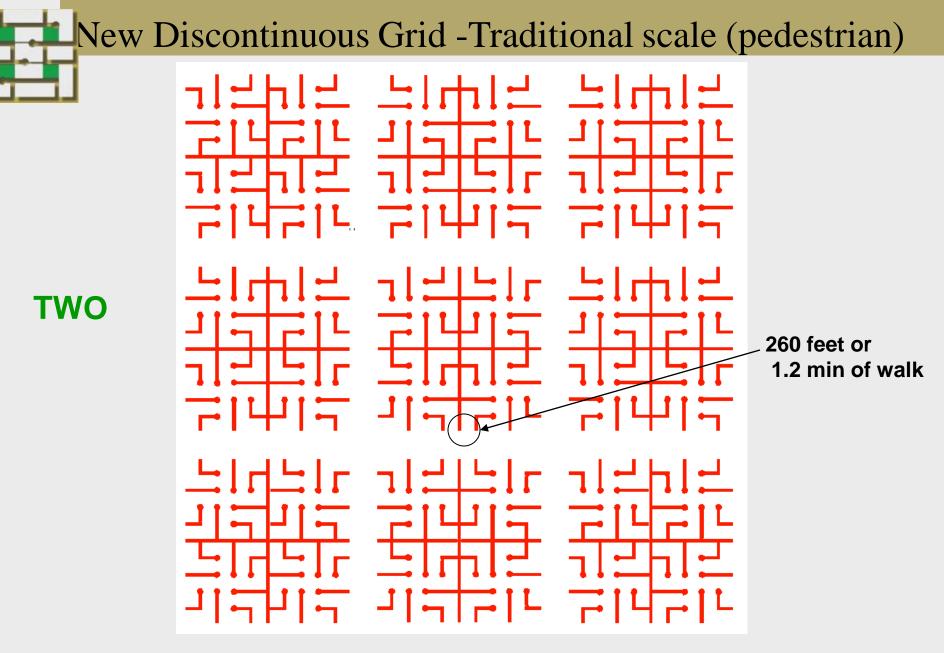


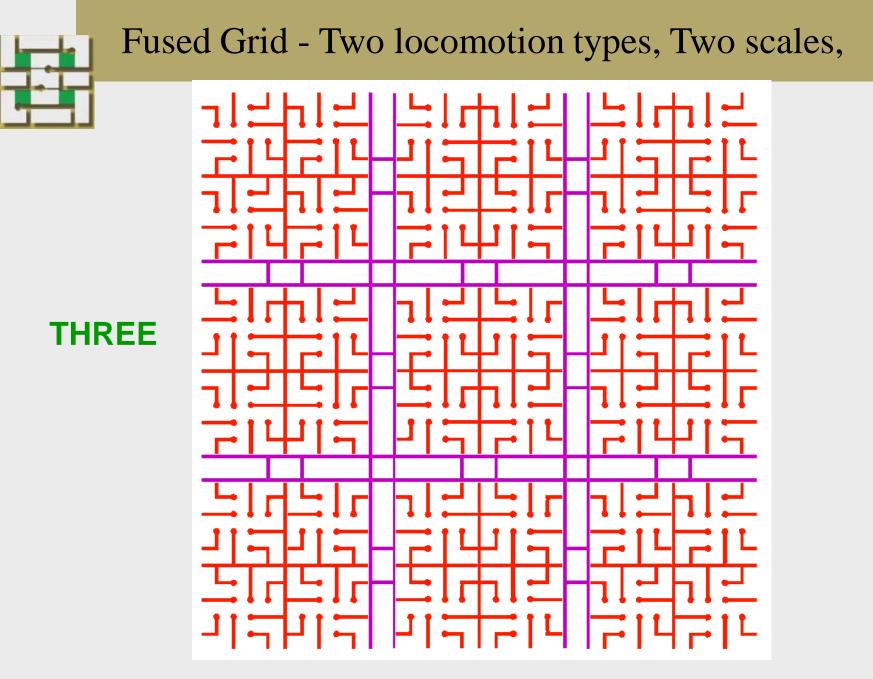


### The Fused Grid – a contemporary urban pattern

### In 4 steps





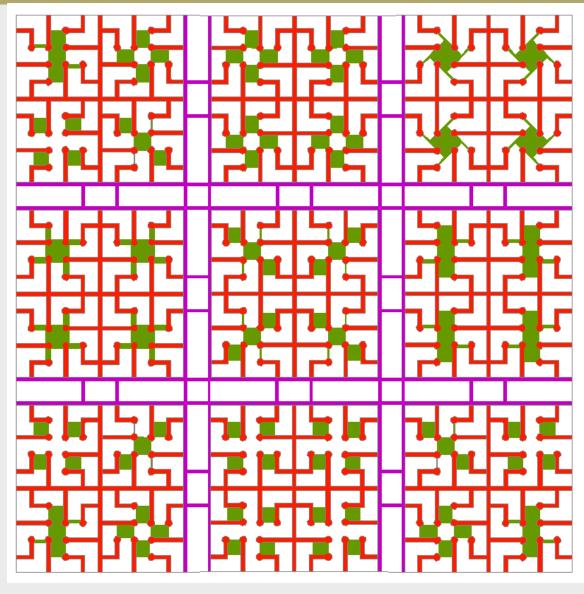


**Urban Pattern Associates** 

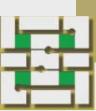


## Fused Grid with Connectors : Replicable Quadrants

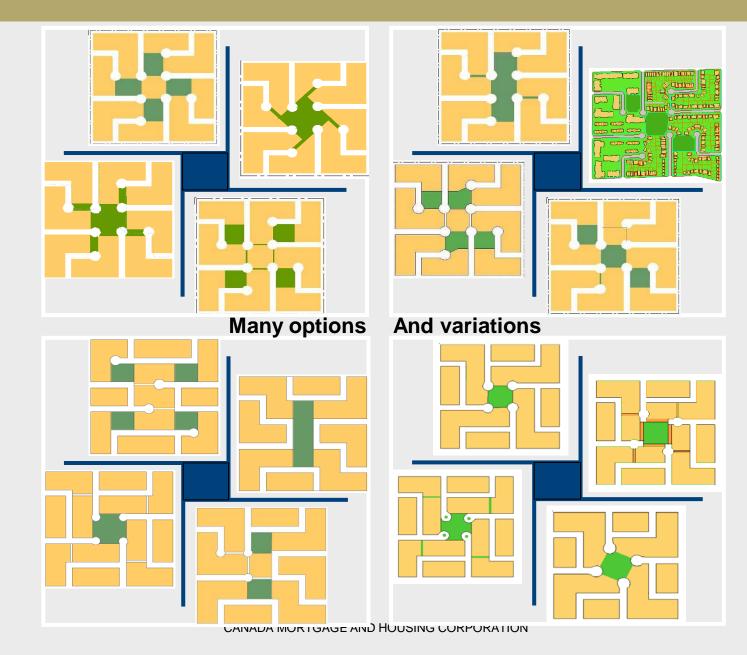




**Priority on pedestrian movement** 



## **Replicable Quadrants**



## Fused Grid with Connectors : As it might evolve

Moderate density (30 upha) – tranquil open spaces

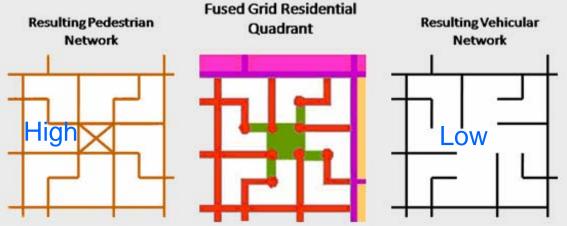




The Fused Grid – a contemporary urban pattern

## Will it work?

#### Street connectivity and walking activity:



More walking occurs when the relative connectivity is higher for pedestrians than for cars

A Fused Grid increases home-based walking trips by 11.3%.

A Fused Grid is associated with a 25.9% increase in the odds residents will meet the recommended level of physical activity through local walking.

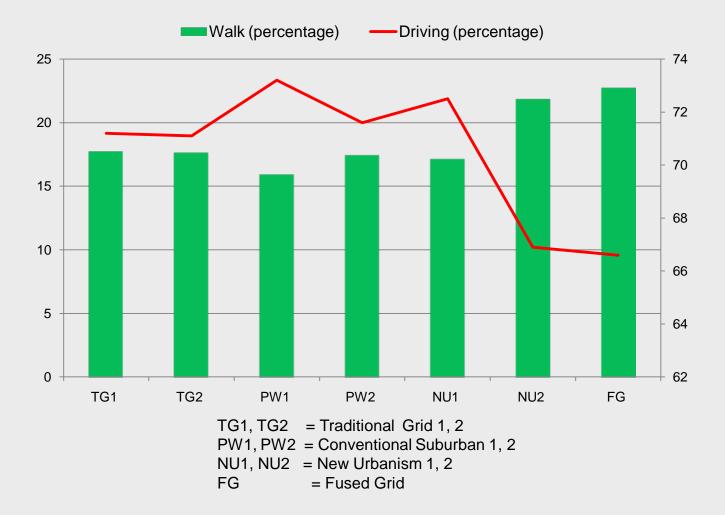
A 10% increase in relative pedestrian continuity (network density) associates with a 9.5% increase in odds of walking.

A Fused Grid's 10% increase in relative connectivity for pedestrians is associated with a 23% decrease in vehicles miles of local travel.



Lawrence Frank and Chris Hawkins, 2007. Fused Grid Assessment: Travel and environmental impacts of contrasting pedestrian and vehicular connectivity (final draft)

#### Walking and Driving



Xiongbing Jin , 2010. : Modelling the Influence of Neighbourhood Design on Daily Trip Patterns in Urban Neighbourhoods



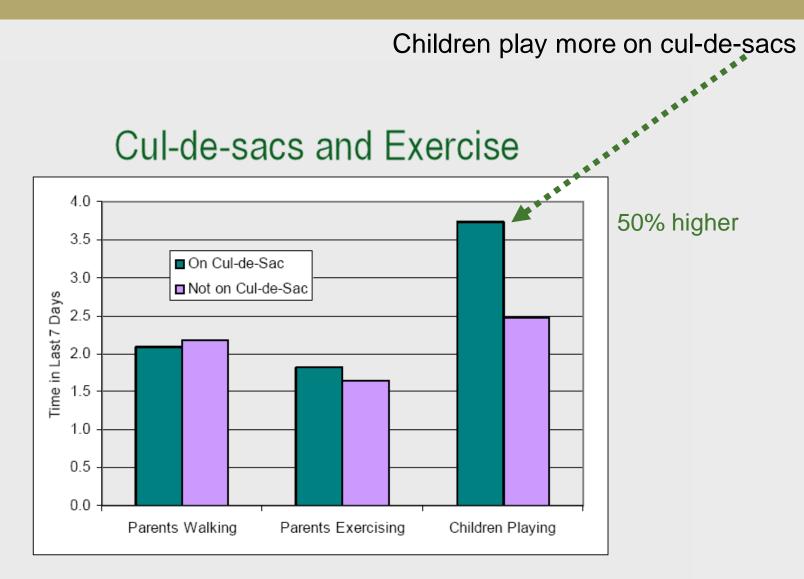
#### PREDICTING THE ODDS OF WALKING AT LEAST ONCE OVER 2-DAYS

Youth Age Range	5-8	9-11	1 <b>2-15</b>	16-20
	95%CI	95%CI	95%CI	95%CI
	N=847	N=632	N=867	N=815
Intersection Highest Tertile (vs lowest)			*	*
intersection ringhest rentile (vs lowest)	NS	NS		
Density Highest Tertile (vs lowest)	NS	**	***	NS
Mixed Land Use (vs No mix)	NS	NS	***	*
At least 1 Commercial land use (Vs 0)	NS	NS	***	NS
At least 1 recreational/open space land use (vs. 0)	***	*	***	**

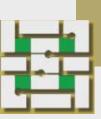
NS = Not signif. \* p=95% \*\* p=99% \*\*\* p=99.9

**Conclusions.** Access to recreation or open space was the **most important** urban form variable related to walking for all age groups. Children aged 12 to 15 years old may be particularly influenced by urban form. (Am J Health Promot 2007;21)

"Urban Form Relationships with Walk Trip Frequency and Distance among Youth" Lawrence Frank, PhD, Jacqueline Kerr, PhD, Jim Chapman, James Sallis, PhD,

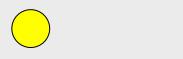


Susan Handy et al: Neighbourhood Design and Children's Outdoor Play – Evidence from Northern California



#### Will it work for: Peace, quiet and safety?

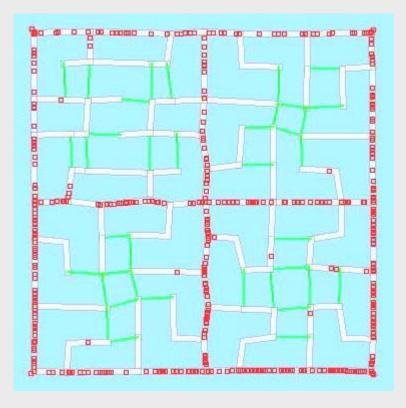
More density, no increase in proportion of VKTs on local streets

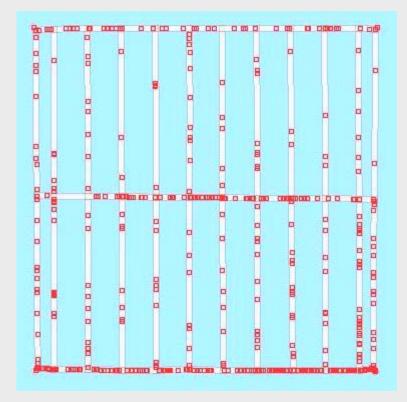




#### Will it work for: Peace, quiet and safety?

Pollution exposure locations – traffic frequency





#### **Fused Grid**

Conventional grid

Xiongbing Jin , 2010. : Modelling the Influence of Neighbourhood Design on Daily Trip Patterns in Urban Neighbourhoods

### Will it work for: Peace, quiet and safety?

#### Traffic in Five Oaks, Dayton after modifications\*

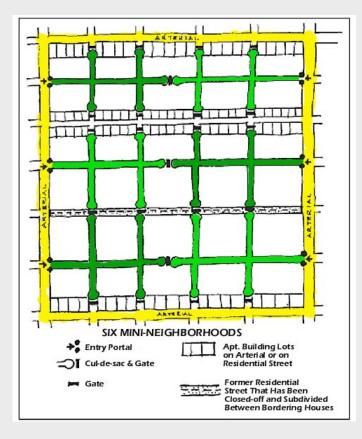
Traffic measurements			
Cut-through	Minus 67%		
Overall	Minus 36%		
volume			
Accidents	Minus 40%		
Resident			
perceptions			
Less traffic	73%		
No change	13%		



\**Creating Defensible Space* by Oscar Newman Institute for Community Design Analysis, 1996. U.S. Department of Housing and Urban Development Office of Policy Development and Research

#### Will it work for reducing crime

#### Crime in Five Oaks, Dayton after modifications\*



Police report	
Overall crime	- 26%
Violent crime	- 50%
Robbery, assault etc.	Five-year Low
In Dayton Overall	Up 1%
Resident perception	ıs
<b>Resident</b> perception	IS
Less crime	53%
No change	36%
Feel safer	45%
just as safe	43%

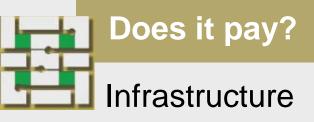
\**Creating Defensible Space* by Oscar Newman Institute for Community Design Analysis, 1996. U.S. Department of Housing and Urban Development Office of Policy Development and Research



## Does it pay?



A comparison of three networks



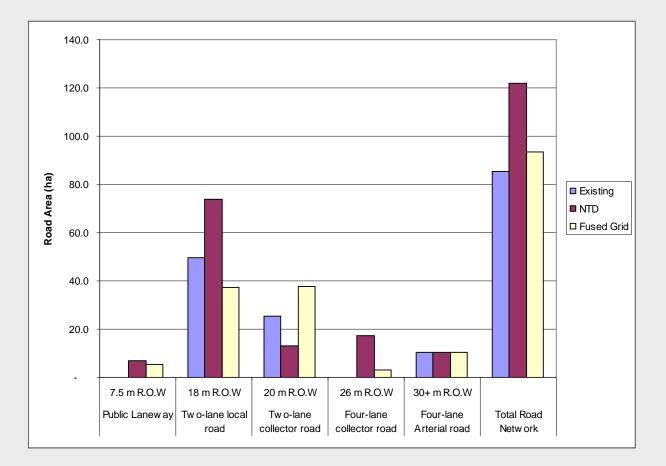
#### Summary of infrastructure costs (initial and lifecycle)\*

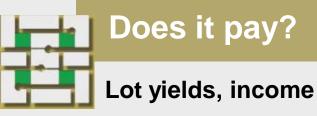


#### Annual Lifecycle Costs(millions)

\* Excluding soft infrastructure elements and arterials which are identical







### **Edmonton Developer Budget Calculations**

	Fused Grid	Common Grid	Vs FG	Common Grid +lanes	Vs FG
Developable lot area	66% *	61%	-7%	55%	-19%
Land dedication	11%	10%	-13%	10%	-13%
Roads	23%	29%	+20%	35%	+34%
Lots	302	281	-7%	277	-9%
Income Not counting Road costs	Base	- \$2,627,000		- \$3,127,000	

\*

A similar 10% increase in developable lot area from the common grid



A City view of parks

1.The City MUST provide parks as a Municipal Service
2.Parks are a Cost Center –Subject to Economies of Scale
Result: Fewer, big parks

A developer view of parks

1.Cost Center – Exacted by Government OR

2. Profit Center – Paid for by Customers

## **Result: More, smaller parks**

Presented By :William Gietema, Jr. Arcadia Realty Dallas, Texas

MIT Center For Real Estate: Valuing Open Space: Land Economics and Neighborhood Parks By Andrew Miller, 2007

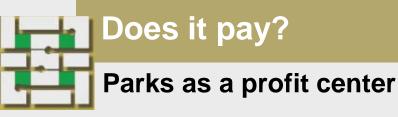


A development example:

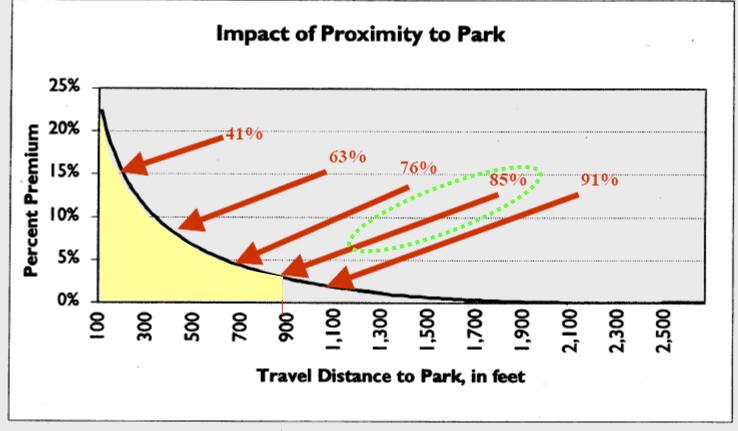
#### **Open Space Value Added**

	Total Lots	648	
	Total Premium Lots	624	
	% Premium Lots	96%	
	Total Value Increase	16%	(developer gain)
Estim. Value Added Tax Base		\$20-24 Million (munic. gain)	

Presented By :William Gietema, Jr. Arcadia Realty Dallas, Texas MIT Center For Real Estate:<u>Valuing Open Space: Land Economics and Neighborhood Parks</u> By Andrew Miller, 2007

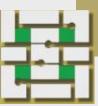


#### Park Proximity Price Premium



Dispersed small parks garner maximum price premium

MIT Center For Real Estate: <u>Valuing Open Space: Land Economics and Neighborhood Parks</u> By Andrew Miller, 2007



# Summing up



Health:	Quieter, cleaner air, more walking,		
	playing and detente		

Safety: Lower traffic, lower speeds, fewer crossings

Wellbeing: Nearby nature, delight, detente, more socializing

**Cost-effectiveness:** High yields, Low infrastructure cost

Environment: More permeable, greener

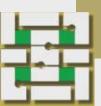
**Budgets:** Low lifecycle costs, lower taxes



#### Overall Summary: Combining the best from both traditions

Fusing structure, connectivity, tranquility, safety and economy

Drawing adapted from : Canadian Geographic, July 2005



Thank you

Fanis Grammenos

#### **Urban Pattern Associates**



Contact: fanis.grammenos@gmail.com

Credits: Doug Pollard - ideas and slides Karen Gregory - slides and comments Barry Craig – 3D Neighbourhoods Jason Grammenos - animations